

## Abstract Guidelines ISAPA 2025

### Symposium Themes

Our symposium theme was chosen to help bridge the gap and show the synergies between APA-related policy, practice and research. Sustainable Development and human rights are the prevailing frameworks underpinning international policy in sport, physical activity and physical education.

Participants can contribute their research and practical sessions across three strands:

- 1. Creating new opportunities to thrive,**
- 2. 'Inclusivizing' our world**
- 3. Nothing about us, without us.**

The tables below show how APA aligns with the SDGs and human rights while giving scope to cover a wide range of topics in ISAPA 2025.

Creating new opportunities to thrive		
SDGs	Human Rights (CRPD)	Potential topics
<b>SDG3 Health and Well-being</b>	<b>Article 25</b> – Health <b>Article 26</b> – Habilitation and rehabilitation	Health and well-being, rehabilitation, physical activity, nutrition, psychology
<b>SDG 4 Quality education</b>	<b>Article 7</b> - Rights of children with disabilities <b>Article 24</b> - Education <b>Article 27</b> – Work and employment	active school and educational environment, quality physical education, pedagogy, equality and diversity, capacity building
<b>SDG 8 Decent work and economic growth</b>	<b>Article 27</b> – Work and employment	Employability, worker's rights, inclusive and safe working environments,
<b>SDG 10 Reduced inequalities</b>	<b>Article 5</b> – Equality and non-discrimination	Sport management, Equality and diversity strategies, stigma, attitudes, empowerment, and quality of life

'Inclusivizing our world'		
SDGs	Human Rights (CRPD)	Potential topics
<b>SDG 5 Gender equality and intersectionality</b>	<b>Article 6</b> – Rights of women with disabilities	Participation in Organised Sport and Physical Activity, governance, safeguarding, advocacy
<b>SDG 9 Industry, innovation, and infrastructure</b>	<b>Article 8</b> – Awareness-raising by States	Communication technology, universal design, assistive technology, accessibility, digital technologies
<b>SDG 11 Sustainable cities and communities</b>	<b>Article 9</b> – Accessibility <b>Article 19</b> – Living independently and being included in the community. <b>Article 20</b> – Personal mobility <b>Article 30.5</b> – Sport and Leisure	Inclusive cities, environmental sustainability, community-based initiatives.

Nothing about us, without us		
SDGs	Human Rights (CRPD)	Potential topics
<b>SDG 16 Peace, justice, and strong institutions</b>	<b>Article 30.5</b> – Sport and Leisure <b>Article 7</b> – Rights of children with disabilities <b>Article 16</b> – Freedom from exploitation, violence and abuse <b>Article 29</b> – Participation in political and public life	Participation in organised sport and physical activity, governance, safeguarding, advocacy
<b>SDG 17 Partnerships for the goals</b>	<b>Article 8</b> – Awareness-raising by States	Communication technology, universal design, assistive technology, accessibility, digital technologies

## Submission Types

1. [Poster presentations](#)
2. [Scientific oral presentation](#)
3. [Programme/policy oral presentation](#)
4. [Panel discussion](#)
5. [Practical workshop](#)
6. [CPD Training](#)

## How to submit your abstract?

### Step 1: Read the abstract guidelines

Before beginning the submission process, carefully review the conference’s abstract guidelines. These guidelines outline the formatting requirements, word limits, and any specific content that must be included. Ensure you are familiar with the evaluation criteria and deadlines for submission. Failure to follow the guidelines may result in your abstract being rejected or returned for revision.

### Step 2: Choose your type of presentation

ISAPA 2025 offers various presentation formats, such as scientific oral presentations, poster sessions, panel discussions or practical workshops. Select the type of presentation that best suits your research or topic.

### Step 3: Prepare your abstract

Draft your abstract in accordance with the conference’s specific requirements. Ensure your abstract is organised into sections (introduction, methodology, results and conclusions). Make sure you provide a clear, concise summary of your research, including key findings and their relevance to the field. Proofread your abstract carefully to avoid typographical or grammatical errors.

#### **Step 4: Log into the submission platform**

Once your abstract is ready, log into the ISAPA's abstract submission platform. If you are a new user, you will need to create an account. If your email is already in use and you forgot the password, you may need to request a new password. Use the credentials provided in the registration email.

#### **Step 5: Complete the submission form**

Fill out the required fields in the submission form. This typically includes contact details, co-authors, institutional affiliation, abstract title, and conference theme. You need to upload a file with your abstract (Word or PDF) and indicate your preferred presentation format. Double-check that all information is accurate and complete.

#### **Step 6: Submit your abstract**

Before final submission, review your abstract and all entered information. You have a preview option to help you check formatting and confirm that no sections have been omitted. Once you are confident that everything is correct, submit your abstract. After submission, you will receive a confirmation email.

## Key information on submission types

### **1. Poster presentations**

Posters offer a unique opportunity to visually present research or a programme. They should be self-explanatory, allowing viewers to engage with the content independently. To submit a poster proposal, all authors must upload an abstract that includes the following sections:

- Introduction
- Method
- Results
- Conclusion
- References (APA 7th Edition)

Authors are encouraged to use the ISAPA 2025 Abstract Submission Template available on the website.

### **2. Scientific presentations**

The aim of a scientific presentation is to highlight the key findings of your research. These presentations will be delivered orally, with optional slides. Each presenter will have a 10-minute slot, followed by 5 minutes for questions. The allocated time may be adjusted depending on the number of presentations.

The abstract should include:

- Introduction
- Method



- Results
- Conclusions
- References (APA 7th Edition)

The abstract should be no more than 250 words (excluding authors, affiliations, and references). Authors are encouraged to use the ISAPA 2025 Abstract Submission Template available on the website.

### **3. Policy/programme oral Presentations**

Policy/programme presentations focus on the practical implications of programmes or policies related to the conference theme. These presentations are an opportunity to showcase how specific initiatives or policy developments are being implemented and their impact. Presenters should provide a summary of the initiative with free structure (max. 250 words), highlighting its relevance to the conference theme. Each presentation will be allocated a 10-minute slot, with 5 minutes for audience questions.

### **4. Panel Discussions**

Panel discussions offer an interactive format to explore a topic in depth, bringing together multiple experts to discuss various perspectives. Panel organisers should submit a brief overview of the discussion topic, including the title of the panel presentation, the name(s) and affiliation(s) of all panel participants in the session, and explain its relevance to the conference theme (max. 250 words).

The session will typically last for 60 minutes, including time for audience engagement and questions. The exact structure may vary depending on the number of panellists.

### **5. Practical Workshops**

Practical workshops provide hands-on opportunities for participants to engage with techniques, skills, or practices related to the conference theme. The workshop should be interactive and offer attendees practical tools or knowledge they can apply in their own work. Proposals should summarise the workshop content with free structure (max. 250 words), clearly stating its relevance to the conference theme. Workshops will typically last 60–90 minutes.

### **6. Continuing Professional Development (CPD) Training**

CPD training sessions are designed to provide participants with professional development opportunities directly linked to the conference theme. These sessions should equip attendees with new skills or knowledge that contribute to their professional growth. Proposals should include a brief overview of the training content, with free structure (max. 250 words) and highlight its relevance to the theme. CPD sessions can be delivered online before the conference with the option to conduct on-site sessions during ISAPA 2025.

## **Abstracts acceptance conditions**

All submitted papers must be original, unpublished, and written in English. For a paper to be included in the Symposium programme, at least one of the authors—specifically the presenting



author—must be registered with a regular registration. The presenting author must also be listed as the first author.

All submissions will be reviewed by the Scientific Committee to determine whether the abstract meets the necessary criteria for acceptance and presentation. If an abstract is rejected, the author will receive feedback outlining the reasons for rejection, along with a deadline to make revisions if appropriate.

Each registered presenting author may submit up to three abstracts, covering oral, poster and policy/programme presentation. In addition, presenting authors may submit one additional abstract for panel discussions or practical workshop presentation. The Scientific Committee reserves the right to assign submitted abstracts to the most suitable presentation format, based on the type and content of the work. It may also reassign an abstract to a different thematic area within ISAPA, depending on its content.

The ISAPA 2025 organising committee will not be held responsible for the content, data, or opinions expressed by authors during their presentations, nor for any potential reactions from Symposium attendees.

### For further information

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